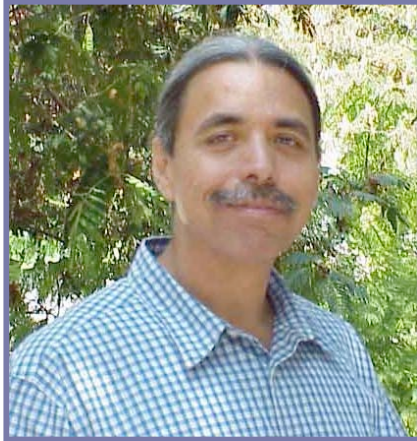


Mestizo Spirituality: Introduction to a model of treatment for Latina/os



A 1.5 CE Credit & Networking Opportunity

with

Jose M. Cervantes, Ph.D.

Saturday, June 26, 2010 @ 5pm
10548 Cheddar St
Norwalk, CA 90650

Free to CLPA Members!!!

\$40 for Non-Members, includes a 1-year CLPA membership.
Students welcomed, but space is limited.

RSVP required to receive CE Credits, and for general attendance

For more information, please visit our website www.latinopsych.org.Events.html

This two hour workshop will provide an introductory overview to the concept of Mestizo Spirituality and its relevance to the psychological care of Latina/os individuals and their respective communities. Particularly for Mexican and Mexican Americans, the theme of spirituality has historically been relevant, however ignored in traditional models of counseling and psychotherapy. This workshop will orient participants to the relevance of spirituality for Latina/os, provide a review of the fusion that has existed between indigenous belief systems and Catholicism, and examine the possible role that unique elements like sage and employment of indigenous instruments can have in the psychospiritual care of individuals. Participants will be encouraged to engage in an experiential exercise to help clarify concepts and to provide a meaningful connection between the description of Mestizo spirituality and the actual use of this model with clients. Specific goals for the workshop include the following:

1. Introduce the concept of Mestizo spirituality to participants.
2. Describe and explore the connection between indigenous belief systems, healing and psychotherapy.
3. Provide participants with an experiential exercise to help the integration of concepts presented.

RSVP to llinda13@hotmail.com